

HANDS OF HOPE



Rules and Regulations

The Hands of Hope staff has overall responsibility for all activities. The following guidelines are set forth to ensure that each participant has a safe and meaningful experience without offense to any member of the participating group or surrounding community.

By signing the Participant Application you have stated that you have read and will abide by the rules and regulations as explained below.

- ▶ Adult leaders are responsible for the safety and conduct of their team participants at all times.
- ▶ The projects are planned for adult participation. Due to the conditions and experiences that may be encountered or type of work expected, all youth must be high school age (14 years old) unless attending HOH Family Projects.
- ▶ Safety on the work site is top priority. Use all tools, materials and supplies responsibly at all times. Irresponsible behavior is a serious danger to all, and anyone participating in such will be asked to return home immediately at their own expense. Also remember that the nearest medical facility could be several miles from the work site or facilities.
- ▶ Sensitivity to the community you are serving is very important. No pictures or videos can be made at any time unless you have specific approval from the HOH staff.
- ▶ Possession or use of drugs or alcohol is not permitted at any time during your stay. Firearms or replicas of firearms of any type are not permitted at any time during your stay. Violators will be sent home immediately at their own expense.
- ▶ Smoking or use of tobacco products is prohibited inside any facility. If needed, a designated outdoor area will be assigned. Do not throw cigarette butts on the ground.
- ▶ All participants must be housed in HOH facilities.
- ▶ Quiet time begins at 10:00 pm - Lights out at 11:00 pm.
- ▶ Phone usage is limited to 5 minutes per call. Calling cards must be used for long distance. No phone calls in or out are allowed after 9:00 pm.
- ▶ Youth Participants: Females are not allowed in male sleeping quarters at any time. Males are not allowed in female sleeping quarters at any time. An adult leader must supervise youth at all times.
- ▶ Participants must provide their own transportation. Do not ride with anyone other than approved members of your group. Wear seat belts and never ride on the outside of any vehicle or in the back of pickup trucks.
- ▶ Participants should not leave the HOH grounds alone.
- ▶ No one is allowed on Railroad Tracks at anytime.
- ▶ No pets are allowed at any time.
- ▶ Do not bring: Radios, computers, MP3 players, audio equipment, video games, DVD players, jewelry, or excess money. These are considered distractions from spiritual reflection and fellowship during your stay.
- ▶ Participants should keep centers neat and clean at all times. Everyone must clean all areas before departing.
- ▶ Clothing should be appropriate at all times and never offensive to others. The following dress code applies to all participants:
 - Pants must be worn around the waist: no underwear revealed and no hipsters
 - Shorts must be knee length or just above the knee and no spandex or bike pants
 - No halter tops, midriff tops, cut-off sleeves, spaghetti straps, sports bras, or tank tops except under another appropriate shirt
 - T-shirts and caps must not have obscene or offensive advertisements on them
 - Shoes must be worn at all times - sandals and flip-flops are allowed only at the host facility
 - Pajamas must also meet the requirements stated above (locations of bathrooms may be scattered)
 - Pack enough clothes to work in and clothes to change into for ministry or free time
 - Ministry Attire: Bring one nice outfit if you will be attending church
 - Construction Attire: Long pants/jeans and sturdy shoes/boots must be worn for safety - no open toe shoes

Hands of Hope reserves the right to terminate the participation of any individual or group at any time if the individual or group does not abide by the rules, regulations and expectations as stated above.